

**PHYSICAL AND HEALTH EDUCATION MAJOR
COURSE SEQUENCE SUMMARY**

<u>PRE-REQUISITE COURSE:</u>	<u>Credit</u>	<u>Semester</u>
GEMS 158 Human Bio. In Health and Disease	3	S
GEMS 158L Human Bio. In Health and Disease Lab	3	S

<u>REQUIRED COURSES:</u>	<u>Credit</u>	<u>Semester</u>	<u>Prerequisites</u>
KIN 155 Lifeguarding	2	S	
KIN 160 Teaching of Rhythm & Movement	2	F (even years)	
KIN 200 Human Anatomy	3	F/S	
KIN 200L Human Anatomy Lab	1	F/S	
KIN 204 Exercise Physiology for PE and Health	3	F (even years)	Gems 158
KIN 204L Exercise Physiology for PE and Health Lab	1	F (even years)	Gems 158
KIN 251 Foundations and Theory in Health and PE	3	F (even years)	
KIN 251L Foundations and Theory in Health and PE Lab	1	F (even years)	
KIN 301 Motor Development	3	S (even years)	
KIN 330 Principles of Coaching	3	S	
KIN 344 Basic Methods of Teaching PE	3	S (even years)	
KIN 345 Methods & Clinical Experiences in PE	4	F (odd years)	
KIN 350 Adapted & Therapeutic PE	3	F (even years)	
KIN 350F Clinical Experiences in Adaptive PE – Clinical Exp.	1	F (even years)	
KIN 451 Methods of Teaching Health Ed I	3	F	
KIN 451F Methods of Teaching Health Ed I – Clinical Exp.	1	F	
KIN 453 Health Ed Methods II & Sex Ed	3	S	
KIN 453F Health Ed Methods II & Sex Ed – Clinical Exp.	1	S	
KIN 455 Data & Assessment in PE and Health	3	S	
KIN 455L Data & Assessment in PE and Health Lab	1	S	
		Total Credits	45