



## PHYSICAL EDUCATION AND HEALTH EDUCATION MAJOR COURSE SEQUENCE SUMMARY

### PRE-REQUISITE COURSE:

	<u>Credits</u>	<u>Semester</u>
GEMS 159 Anatomy and Physiology in Everyday Life	3	S
GEMS 159L Anatomy and Physiology in Everyday Life Lab	1	S

### REQUIRED COURSES

	<u>Credits</u>	<u>Semester</u>	<u>Prerequisite</u>
KIN 155 Lifeguarding	2	S	
KIN 160 Teaching of Rhythm & Movement	2	F - even year	
KIN 200 Human Anatomy	3	F/S	
KIN 200L Human Anatomy Lab	1	F/S	
KIN 204 Exercise Physiology for PE and Health	3	F - even year	GEMS 159
KIN 204L Exercise Physiology for PE and Health Lab	1	F - even year	GEMS 159
KIN 251 Foundations and Theory in Health and PE	3	F - even year	
KIN 251L Foundations and Theory in Health and PE Lab	1/2	F - even year	
KIN 301 Motor Development	3	S - even year	
KIN 330 Principles of Coaching	3	F	
KIN 344 Basic Methods of Teaching PE	3	S - even year	
KIN 345 Methods & Clinical Experiences in Elementary PE	3	F - odd year	
KIN 350 Adapted & Therapeutic PE	3	F - odd year	
KIN 350F Clinical Experiences in Adaptive PE	1/2	F - odd year	
KIN 451 Intro to Teaching Health in Secondary Schools	3	F	
KIN 451F Intro to Teaching Health - Clinical Exp.	1/2	F	
KIN 453 Teaching Health & Sex Ed in Secondary Schools	3	S	
KIN 453F Health Ed Methods II & Sex Ed - Clinical Exp.	1/2	S	
KIN 455 Data & Assessments in PE and Health	3	S	

Total Credits 43